

# HILL WARD HENDERSON HONORED AS ONE OF THE FINALISTS FOR TAMPA BAY BUSINESS JOURNAL'S HEALTHIEST EMPLOYERS OF 2013

Firm News

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Hill Ward Henderson was recently honored as a finalist for Tampa Bay Business Journal's Healthiest Employers of 2013. To be eligible for this distinction, companies had to demonstrate evidence of an employee wellness program. All finalists and winners were honored at the 2013 Healthiest Employers Awards at the Mainsail Suites Hotel & Conference Center on September 12.

"We are honored to be a finalist for Healthiest Employers," said Lisa Murfield the Human Resources Manager of Hill Ward Henderson. "We look forward to continuing to grow our program and to invest in our employees' health and wellness."

Since the start of Hill Ward Henderson's wellness program in 2011, the firm has seen a decrease in both male and female employees who were overweight, a lower cholesterol rating and an increase in exercise. These are all indicators of healthier lifestyles for firm employees.

This is the fourth year for Tampa Bay Business Journal's Healthiest Employers program. The Tampa Bay Business Journal works exclusively with Indianapolis-based HealthiestEmployers, a technology and data research company focused on corporate wellness. The HealthiestEmployers' proprietary technology was developed in conjunction with wellness experts, physicians, professors, employers and human resource professionals. The

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collaboration provides an arms-length tool to identify and honor local businesses that have made a rewarding realization — a healthier workplace means happier employees who are more productive, use less sick time and remain loyal longer.